## SJB 2024-25 CAREERS PSHE LESSON PROGRAMME BY YEAR GROUP

	1	Lesson Number	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	YEAR 12	YEAR 13
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		Term in Year	Spring 2	Autumn 2	Spring 1	Summer 2	Autumn 1	Autumn 2	Autumn 1
		THEME	Reflect on who you are	Reflect on your interests	Reflect on your skills	Reflect on your career journey	Reflect on your employability skills	Reflect on 1-2-1 guidance	Reflect on your employability brand
Grow throughout life Grow throughout life by learning and reflecting on yourself, your background, and your strengths.	2 3 8	Week 1	Introduction to Careers & Who am I?	What are my interests?	Introduction to Y9 Careers - What are my Skills?	Introduction to Y10 Careers - Reflecting on my Career Journey to date	Year 11 Talk – Post-16 Options	Introduction to Unifrog My Post-18 Options	Introduction to Unifrog My Post-18 Options
		Guest Visitor/Speaker					Bethan Paling		
		Year Group Talk or Presentation					Hall - All Year 11		Apprenticeship Evening
Explore Possibilities Explore the full range of possibilities open to you and learn about recruitment processes and the culture of different workplaces.	2 7	Week 2	Exploring Possibilities - Dream Jobs	Job applications - Superhero CVs	What comes after school - the main learning pathways	Exploring Employer Profiles	Year 11 Talk – Vocational Courses	Setting Career Goals	Degree Apprenticeships
		Guest Visitor/Speaker					Jo Broad - Brooklands College		
		Year Group Talk or Presentation					Hall - All Year 11		
Manage Career Manage your career actively, make the most of opportunities and learn from setbacks.	2 7 8	Week 3	What is a Career?	Challenges and Rewards of Work	Decision Making - choosing what to study at KS4	What type of Career is best for me?	Year 11 Talk - Apprenticeships	Work Experience - Researching Employers	UCAS Refresher
		Guest Visitor/Speaker					Sue Taylor		
		Year Group Talk or Presentation					Hall - All Year 11		Personal Statement Workshop - All Year 13
Create opportunities Create opportunities by being proactive and building positive relationships with others.	2 6 7	Week 4	What is an Entrepreneur?	Creating the Life you want	Taking Control of your Career journey	In person, hybrid or remote - which works best	A-Level Choices	Work Expreience - Contacting Employers	Finalising your Personal Statement
		Guest Visitor/Speaker							
		Year Group Talk or Presentation							
Balance life and work Balance your life as a worker and/or entrepreneur with your wellbeing, other interests and your involvement with your family and community.	2 3 6 7	Week 5	What is a Work-Life Balance?	What does success mean to me?	Working and Earning - Managing your money	Money talks - Apprenticeships or Higher Education?	What type of career is best for me?	Preparing for Personal Guidance 1-2-1 Interviews	Preparing for Assessment Centres
		Guest Visitor/Speaker							
		Year Group Talk or Presentation							
See the big picture  See the big picture by paying attention to how the economy, politics and society connect with your own life and career.	2	Week 6	Careers and the Future	Careers and the Climate	Career Choices & Different Influences - Opportunities	Is AI a threat to our jobs?	Making informed decisions	How to Network and be Enterprising	Interview Skills
	_	Guest Visitor/Speaker							
	6	Year Group Talk or Presentation							
See the big picture  See the big picture by paying attention to how the economy, politics and society connect with your own life and career.	3	Week 7	Careers and the Climate	What is an Entrepreneur?	What is the labour market and why is it important?	Well-being in the workplace	Coping with changes: Leaving Secondary school	Well-being balancing life, learning and work	CV and Covering letters
		Guest Visitor/Speaker							
	6	Year Group Talk or Presentation							