

Topic	What students should know by the end of secondary (According to gov RSE policy)	PSHE lesson currently in SJB curriculum
Families	<ul style="list-style-type: none"> • Different types of committed stable relationships. • How these relationships contribute to human happiness and their importance to bringing up children • What marriage is, legal status and that marriage carries legal rights? • Why marriage is an important relationship choice for many couples. • Characteristics and legal status of other types of long-term relationship • The roles and responsibilities of parents with respect to raising of children, successful parenting. • How to determine true and accurate sources of information, unsafe relationships and recognising this in other relationships. How to seek advice or report. 	<p>Many lessons include examples and scenarios where lots of different family dynamics are included.</p> <p><u>Year 7</u></p> <ul style="list-style-type: none"> • Self-respect, self-value, self-dignity • How we value each other • Personal boundaries and appropriate relationships • Respect value dignity • Evaluating the evidence and false information <p><u>Year 8</u></p> <ul style="list-style-type: none"> • What are the different types of relationships? • Is commitment important in a relationship (marriage) <p><u>Year 9</u></p> <ul style="list-style-type: none"> • Fake news and false information • Gender identity, relationships, and LGBTQ+ <p><u>Year 10</u></p> <ul style="list-style-type: none"> • Respect in relationships • Family life and parenting skills <p><u>Year 11</u></p> <ul style="list-style-type: none"> • Individual family values including diverse and conflicting values. <p><u>Year 12</u></p> <ul style="list-style-type: none"> • Healthy relationships <p><u>Year 13</u></p> <ul style="list-style-type: none"> • Healthy relationships
Respectful relationships including friendships	<ul style="list-style-type: none"> • The characteristics of positive healthy relationships (including online) this includes different types of relationship not just sexual. • Practical steps they can take to improve or support respectful relationships. • How stereotypes, to protected characteristics can cause damage. 	<p><u>Year 7</u></p> <ul style="list-style-type: none"> • Bullying and cyberbullying • How we value each other • Protected characteristics • Personal boundaries and appropriate relationships • Respect value and dignity <p><u>Year 8</u></p>

- That in school and the wider society they can expect to be treated with respect by others, they should also respect others. Including people in position of authority and tolerance of others' beliefs

- Recognising signs of mental illness, looking after yourself and others
- Personal boundaries
- Abuse in relationships
- Unhealthy relationships
- What causes problems in communities?
- How can we challenge prejudice and discrimination?
- Understanding Hate crime
- Protected characteristics
- Extremism and radicalisation

Year 9

- How citizens work together in society
- Protected characteristics

Year 10

- Respect in relationships
- Relating to others
- Recognising abuse
- Freedom of speech
- Equality and diversity

Year 11

- Relationships and sexual relationships
- Community values
- Diverse community

Year 12

- Supporting someone struggling with mental health
- Relationship abuse
- Consent and consenting language.
- Relationship abuse
- Gender and society
- Work experience building relationships in the workplace.

Year 13

- Talking about relationships
- Respectful relationships
- Relationship abuse
- Consent and consenting language.
- Protected characteristics
- Racism and why it matters.

Online and media

- Their rights, responsibilities, and opportunities online, including that the same expectations of behaviour apply in all contexts including online.
- About online risks, sharing information online.
- Not to provide material to others that they do not want shared further, not to share personal material sent to them.
- What to do and where to get support to report material or manage issues online
- Impact of viewing harmful content
- Sexually explicit material (pornography) presents a distorted picture of sexual behaviour, this can damage the way people see themselves and treat others and sexual partners.
- Sharing indecent images of children (including those created by children) is a criminal offence which carries severe penalties and jail time
- How information and data is generated, collected, shared, and used online

Year 7

- Sharing information online
- Apps and the law, selfie safety
- What is cyber bullying
- Interland: Googles ESafety tool
- Evaluating the evidence and fake news
- Understanding cybercrime
- Rights and responsibilities online
- Online gaming

Year 8

- Online banking and sharing data online
- Selfie safety, sharing information online
- Digital footprint
- Extremism and radicalisation online
- Sex and the law, Pornography

Year 9

- Digital footprint
- Fake news
- Cyberbullying
- Online grooming
- Selfie safety (Sharing content)
- Online gambling
- Impact of viewing harmful content online, specifically sexually explicit material
- Sex and the law, pornography

Year 10

- Identity theft and fraud
- Online grooming: Breck Beckner story
- Online behaviour and personal responsibility

Year 11

- Revenge porn and the sharing of harmful content
- County lines

Year 12

- Revenge porn and the sharing of harmful content

Year 13

- Dating online and dating apps
- Explicit images (sharing)

<p>Being Safe</p>	<ul style="list-style-type: none"> • Concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM. How these can affect current and future relationships • How people can actively communicate and recognise consent from others, including sexual consent and how and when consent can be withdrawn. 	<p><u>Year 7</u></p> <ul style="list-style-type: none"> • Recognising emotions • Bullying • Peer pressure and peer influence • Personal boundaries • Respect value and dignity • Appropriate relationships <p><u>Year 8</u></p> <ul style="list-style-type: none"> • What impacts emotional wellbeing • Peer pressure and peer influence • Abuse in relationships • unhealthy relationships • How can we challenge discrimination • <p><u>Year 9</u></p> <ul style="list-style-type: none"> • Working together in society • Sex and the law • Grooming and Online grooming • County lines <p><u>Year 10</u></p> <ul style="list-style-type: none"> • Respect and communication in relationships • Recognising abuse and spiking • Managing unwanted attention • Sexual relationships and consent • FGM <p><u>Year 11</u></p> <ul style="list-style-type: none"> • Sexual relationships • Healthy relationships • Individual families, diverse and conflicting values • Living in Britian, Hate crime • Extremism <p><u>Year 12</u></p> <ul style="list-style-type: none"> • Relationship abuse • Consent and consent language <p><u>Year 13</u></p> <ul style="list-style-type: none"> • Communication in relationships • Respectful relationships • Relationship abuse • Consent
<p>Intimate and sexual relationships</p>	<ul style="list-style-type: none"> • How to recognise the characteristics and positive aspects of a healthy one to one intimate relationship, which include mutual 	<p>All lessons start and end with ‘where to get help slide’ this is all the pastoral team in school. Depending on lesson</p>

including
sexual health



respect, consent, loyalty, trust, shared interests and outlook, sex, and friendship.

- That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual, and reproductive health and wellbeing.
- The facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women and menopause.
- That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure, and not pressurising others.
- That they have a choice to delay sex or enjoy intimacy without sex
- The facts about a full range of contraceptive choices, efficiency, and options available
- Facts around pregnancy and miscarriage
- There are choices in relation to pregnancy, keeping the baby, adoption and abortion and where to get help
- How the different STIS including HIV/ AIDS, are transmitted, how risk can be reduced through safer Sex and the importance of and the facts about testing
- About the prevalence of some STIS, the impact then can have on those who contract them and key facts about treatment
- How the use of alcohol and drugs can lead to risky sexual behaviour
- How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment

this may include some charities who also offer support

Year 7

- Puberty
- The menstrual cycle
- Fertilisation
- Risks to my health: Smoking, drinking, vaping
- Healthy lifestyle

Year 8

- What do we mean by 'risk'
- Healthy lifestyle and the body

Year 9

- Contraception
- Substance misuse: Drugs, alcohol, vaping

Year 10

- Fertilisation and pregnancy
- Risk factors in pregnancy and health

Year 11

- Sexual relationships

Year 12

- Contraception
- STIS
- Relationship abuse

Year 13

- Talking about relationships
- Respectful relationships

