Innovate

Week Commencing; 31/03/25, 21/04/25, 12/05/25, 02/06/25, 23/06/25, 14/07/25

### CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

#### MONDAY

Lemon & Herb Piri Piri Chicken with Spicy
Rice

#### **TUESDAY**

Mexican Style Beef Lasagne, Garden Salad & Homemade Garlic Bread

#### WEDNESDAY

Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

#### **THURSDAY**

Chicken Tikka Masala with Pilau Rice & Coriander Salad

#### **FRIDAY**

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

#### MONDAY

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

#### **TUESDAY**

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

#### **WEDNESDAY**

Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)

### **THURSDAY**

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)

#### FRIDAY

BBQ Bean Burger with Garden Peas & Chips (VE)

#### DESSERTS

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Spiced
Pineapple Cake
with Vanilla
Sauce

Apple Strudel & Custard

Chocolate Sponge & Chocolate Sauce Cookie Dough Fruit Crumble

Fruit, Jelly & Yoghurt Pots

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese,

Tuna or Beans Available Daily







Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday.**With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week



MONDAY

Pakistani Tarka

Dhal

(VE)

TUESDAY

Vegan Singapore Noodles (VE) Vegan Ramen

WEDNESDAY

vegan Ramen Bowl (VE) THURSDAY

The Big Plant Burger (VE) Garlic & Chilli Noodles (VE)

**FRIDAY** 

# TRATTORIA MANAGE

MONDAY

TUESDAY

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

Tomato & Basil Pasta Pasta in a Cheese Sauce Margherita or Pepperoni Pizza Creamy Pesto Pasta Margherita Pizza

Innovate

Week Commencing; 07/04/25, 28/04/25, 19/05/25, 09/06/25, 30/06/25, 21/07/25

## CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

#### MONDAY

Traditional Sausage & Mash with Onion Gravy

#### **TUESDAY**

Chicken & Tomato Pasta Bake Served with House salad

#### **WEDNESDAY**

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

#### **THURSDAY**

Sweet & Sour Chicken with Fried Rice

#### **FRIDAY**

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

#### MONDAY

Vegan Sausage & Bean Casserole (VE)

#### **TUESDAY**

No Waste Cauliflower Cheese Pasta Bake (V)

#### WEDNESDAY

Cheese, Leek and Potato Pie (V)

#### **THURSDAY**

Chinese Vegetable Stir-Fry (VE)

#### **FRIDAY**

Vegan Quorn & Ranch Slaw Burger Served with Chips & Peas (VE)

#### DESSERTS

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Dutch Apple Warm Blueberry Apple & Mixed Banana Pudding Fruit, Jelly & Cake Sponge Berry Crumble with Custard yoghurt Pots with Vanilla

Fruit and Jelly Pots Available Daily

Sauce

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese,

Tuna or Beans Available Daily







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MONDAY

Buffalo

Cauliflower Wings

with Salt &

Pepper Wedges

(VE)

**TUESDAY** 

Vegan Singapore Noodles (VE)

re Si

Singapore Fried

WEDNESDAY

gapore Fried Rice (VE) The Big Plant Burger (VE)

**THURSDAY** 

Garlic & Chilli Noodles (VE)

**FRIDAY** 

## TRATTORIA MAN.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

AY FRIDAY

Tomato & Basil Pasta Pasta in Cheese Sauce Margherita or Pepperoni Pizza Creamy Pesto Pasta Margherita Pizza

Week Commencing; 14/04/25, 05/05/25, 26/05/25, 16/06/25, 07/07/25

## CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

#### MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

#### **TUESDAY**

Mac n Cheese Bolognaise Served with a House Salad

#### **WEDNESDAY**

Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

#### **THURSDAY**

Chicken Korma with Pilau Rice

#### **FRIDAY**

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

#### MONDAY

Asian Vegetable. Soya Bean & Noodle Stir Fry (VE)

#### **TUESDAY**

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

#### WEDNESDAY

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

#### **THURSDAY**

Cauliflower Bhaji Served with Pilau Rice & Minted Yoghurt (V)

#### **FRIDAY**

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)

#### DESSERTS

MONDAY **TUESDAY FRIDAY** WEDNESDAY **THURSDAY** 

Chocolate & Banana Brownie Oaty Apple Crumble & Custard

Sticky Lemon Sponge & Custard

**Baked Churros** with Chocolate Sauce

Fruit, Jelly & **Yoghurt Pots** 

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily** 

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily** 







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**TUESDAY** MONDAY

Fork Friendly Falafel Kebab (V)

Vegan Singapore

Noodles  $(\vee)$ 

WEDNESDAY

Spiced Paneer & Red Onion Naan  $(\vee)$ 

**THURSDAY** 

Onion Bhaji Skewer with **Bombay Potatoes** (VE)

**FRIDAY** 

Garlic & Chilli Noodles (VE)

MONDAY

TUESDAY

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

Tomato & Basil Pasta

Pasta in a Cheese Sauce

Margherita or Pepperoni Pizza Creamy Pesto Pasta

Margherita Pizza